



2026 International One Meter National Championship

Sailing Instructions
January 8-11, 2026

Hosted by: HOBE SOUND RADIO SAILING CLUB/AMYA #412
1425 Southeast Bridge Road, Hobe Sound, Florida 33455

1. RULES AND GOVERNANCE:

- 1.1. The event will be governed by the Racing Rules of Sailing (RRS), the current applicable Heat Management System (HMS), The Notice of Race (NOR), these sailing instructions (SI) and the Equipment Rules of Sailing.
- 1.2. The USA National Authority is the American Model Yachting Association (AMYA).
- 1.3. The USA IOM National Class Association is the national class authority.
- 1.4. The Hobe Sound Radio Sailing Club (AMYA) #412 is the organizing authority.
- 1.5. No US Sailing Prescriptions apply except Appendix R and prescriptions to rules 60.3, 61.4, 67, 70.5(a), and 76.1
- 1.6. Deleted
- 1.7. Boats entering the Launch area without race committee authorization will be penalized without a hearing, changing RRS 63.1.
- 1.8. Boats shall sail on the racecourse only when scheduled to race. When this instruction is broken, she shall be penalized without a hearing, changing RRS 63.1.
- 1.9. Penalties for breaches of SI 1.7 and SI 1.8 shall be one or more One Turn Penalties taken after the starting signal and before she crosses the starting line. This changes RRS E7(b).

2. NOTICES TO COMPETITORS



2.1 The official Notice Board will be situated near the scoring area or on-line at WWW.IOMUSA.org.

2.2 Notices to competitors will be posted on the Official Notice Board.

3. CONDUCT

3.1 Major Regattas offer significant public exposure to our sport. Inappropriate competitor behavior can reflect negatively that exposure. All participants are advised that their actions will be under scrutiny, not only by the public, but also by the race officials. Kindly behave with dignity and respect for each other, the hosts and race committee and above all the spectators.

4. SPECIAL VENUE RULES

4.1 This venue is being provided by the Hobe Sound Farmers Market. It is a working farm, and we are guests at this facility. As a result, pets are not allowed on site. Above all: DO NOT EXCEED 5 MPH WHEN ON SITE! VIOLATORS WILL BE ASKED TO LEAVE THE VENUE.

5. SCORING SYSTEM

5.1 Boats finishing in an incorrect heat will not be allowed to sail in their next assigned heat for that race and will be scored a DNS for their correct heat.

5.2 The current applicable Heat Management System will be utilized.

6. CHANGES TO THESE SAILING INSTRUCTIONS

6.1 Any change to the Sailing Instructions shall be posted on the Official Notice Board or verbally communicated to all competitors and shall be implemented only between races. Two sound signals followed by verbal announcements shall be made to call attention to the change.

7. COURSE

7.1. The Sailing area shall be specified by the PRO.

7.2. The course will be displayed on the course board as required by RRS E3.3. Description of the marks, including starting and finishing marks stating the order and side on which each is to be left shall be posted on the course board.



8. CHANGES TO THE COURSE

8.1 The course may be changed only between heats or races. Any change to the course shall be posted on the course board prior to the start of the next heat or race and shall be preceded by a sound signal and a verbal warning.

8.2 During the heat, shortening of the course to a pre-arranged option shown on the course board shall be signaled by MULTIPLE sound signals followed by verbal confirmation on the leg before the leading boat starts the leg in which she shall finish because of shortening. This changes Appendix E8(c).

9. CONTROL AREA AND LAUNCHING AUTHORIZATION

9.1 The control area is to be specified by the Race Organizer. Any changes shall be posted on the Official Notice Board and shall be implemented between heats. Two (2) sound signals followed by verbal announcements shall be made to call attention to the change(s).

10 TRANSMITTERS AND PRACTICE AREA

10.1 Unless the Race Committee prohibits their use, competitors not racing may use their transmitters at any time for the purpose of tuning or practice sailing. Competitors may launch and practice sail their boats at anytime only downwind of the most leeward mark of the course.

10.2 A non-racing competitor shall not sail within 16 meters (50 feet) of either a racing competitor or any mark of the racing course.

10.3. The Race Committee may announce changes to the permitted practice areas. Any changes shall be posted on the Official Notice Board and shall be implemented only between heats. Two sound signals followed by verbal announcements shall be made to call attention to the change(s).

11. START

11.1. The official notice of heat composition shall be posted on the Heat Board near the Control area. Competitors will also be advised by a hail of the upcoming race and heat number. It is the competitor's responsibility to start in their assigned heat (see SI 5.1). Failure to comply with this Sailing Instruction will not be grounds for redress.



11.2 Races will be started per E3.2 (a).

11.3. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1.

11.4. A boat that does not start within 5 minutes after the starting sequence will be scored Did Not Start (DNS) without a hearing. This changes A5.1 and A5.2.

12. TIME LIMITS

12.1. The Race Time Limit is 30 minutes.

12.2. The Time Out Limit (time after the first boat finishes) is 5 minutes.

12.2.1. If more than four boats are still racing when the Time Out Limit expires, the Time Out Limit shall be extended until only four boats remain.

12.1.2. If four or fewer boats are still racing when the Time Out Limit expires, they shall be scored according to the position in the race when the Time Out Limit expired.

13. PROTESTS

13.1. Protests and requests for redress need not be in writing, changing RRS 61.2. They shall be made orally to a member of the race committee within 5 minutes of when the last boat finishes the race/heat in which the incident occurred.

13.2. Protests and requests for redress will be heard immediately following the heat in which the incident occurred, OR after the last race of the day using guidance in attachment A for expedited hearings.

13.3. Parties to a protest shall be called orally by hailing that the protest hearing is opening. It is the responsibility of the parties to come to the hearing without delay accompanied by any witnesses. No other notice of the hearing will be given. This changes RRS 63.2.

13.4. Decisions by the jury shall be final.



13.5. The protest committee may be in doubt about the meaning of measurement rules. The authority responsible mentioned in RRS 64.3(b) shall be the IOMICA Technical Subcommittee, its official delegate at the event, or an official measurer of the USA IOM NCA. Competitors and the protest committees should follow the procedures of RRS 64.3(b) and (c) carefully for any protest hearing involving measurement rules.

13.6. Race officials and Observers may be called as witnesses.

14. MEASUREMENT

14.1. Once measured and checked in, competitors will be free to use the practice area noted at the site. Course marks may or may not be set up for practice and are weather dependent.

14.2 The race committee may at any time request the Senior Equipment Inspector to confirm that a boat complies with the Class Rules in which case it shall inform the competitor who shall present his or her boat to the Senior Equipment Inspector.

15. COMPETITORS AS OBSERVERS

15.1 The Race Committee may or may not appoint competitors as observers. All competitors will serve as observers when assigned.

15.2. A competitor assigned to be an observer may request to be excused from this duty by appealing to the Race Committee for health or safety reasons, or for immediately required boat repairs. The excused competitor must secure another competitor to serve as an observer in his or her place and notify the Race Committee.

15.3. A competitor appointed as an observer who fails to undertake this assignment diligently, may be protested by the Race Committee.



Attachment A – Guidance for Expedited Hearings

- Each party will have approximately 1 minute to state their case.
- The Judge may question the parties and call witnesses. The parties may not call witnesses but may have the witness available for the judge. This changes RRS 63.6
- The parties will be excused while the judge determines the facts and bases the decisions on those facts.
- The judge will call back the parties and give the judge's decision.
- The judge will inform the Race Committee of all decisions and will determine the penalty for a disqualified boat, which may be either a penalty as calculated per RRS 44.3(c), or as stated in RRS A5.2 or E7.