



2022 Seven-Cities Regatta
Mill Creek Radio Sailing @ Youth Sailing Virginia
November 19-20, 2022
381 Fenwick Rd. Hampton, VA 23651

Notice of Race (NoR)

1. RULES

- 1.1. The event is governed by the *The Racing Rules of Sailing* to include Appendix E.
- 1.2. No US Sailing Prescriptions apply except Appendix R and prescriptions to rules 60.3, 61.3, 67, 70.5(a), 76.1.

2. CHANGES TO RULE

- 2.1. 90.3(e) Replace "24 hours" with "15 minutes".
- 2.2. E3.8(a) Rule 33 will be reinstated.

3. COVID HEALTH & SAFETY PROTOCOLS:

The publication of this NOR and its contents is subject to any restrictions or changes that may be required due to the imposition of Covid-19 Government Guidance. This may include limiting entries (early entries would have priority) or ultimately cancellation of the event.

Our primary concern is the health and safety of our competitors, race officials, volunteers, guests, and all involved coming together for a regional level event. As such our Covid Concerns and Regatta safety practices, the O.A. will obey CDC guidelines or State guidelines as required.

4. EQUIPMENT INSPECTION:

- 4.1. All boats shall be checked by the technical committee prior to racing in this event.
- 4.2. All Equipment shall be inspected by technical committee before racing this event.
- 4.3. The Race Committee may extend the time for registration and inspection if there is a valid reason to do so.
- 4.4. No boat shall be eligible to race until it has been registered and has passed equipment inspection.
- 4.5. At the discretion of the PRO, checks of randomly selected boats to ensure that they comply with class rules may be conducted during the event.

5. FREQUENCIES:

- 5.1. No frequency conflicts will be allowed.
- 5.2. Permitted frequency bands are FCC-approved surface bands. Transmitters on 75 MHz must be narrow band certified. Radio frequencies will be allocated on a "first come first served" basis. Each competitor is required to have a minimum of three (3) additional frequencies available.
- 5.3. 2.4 GHZ radios are permitted and are exempt from rule E2.4 in the RRS.

6. VENUE

- 6.1. Mill Creek Radio Sailing @ Youth Sailing Virginia is located on historic Fort Monroe, within the South-Eastern Virginia region, colloquially known as the “Hampton Roads Tidewater Area”. Our street address is 381 Fenwick Rd. Hampton, VA 23651
- 6.2. Maps Link: <https://goo.gl/maps/pd8sccfnaDQzMZDYA>

7. SAILING INSTRUCTIONS

- 7.1. The sailing instructions will be available by November 16, 2022 online at the USA IOM Website.

8. ELIGIBILITY, ENTRY AND FEES

- 8.1. The regatta is open to all boats of the IOM class with a valid certificate. Competitors must be in good standing with their NCA. For USA NCA members, AMYA membership is required for this event. Each competitor shall provide proof of current AMYA or their National Authority membership or pay the AMYA annual fee of \$50.00 at the regatta check in.
- 8.2. The event fee is \$120 per boat. The fee includes Saturday & Sunday lunches & beverages, trophies, race management, giveaways, PayPal fee, and USA IOM NCA ranking fee of US20.00 per skipper per event. Guest Fee is \$25 and will include food and beverage.
- 8.3. The deadline for entry is November 11, 2022. After November 11, 2022 there will be no refunds.
- 8.4. Online registration is preferred at <https://www.iomusa.org/2022-seven-cities-entry-form> . If that is not possible, contact the regatta organizer to arrange registration.
- 8.5. There will be a maximum of 40 entries.

9. SAIL IDENTIFICATION

- 9.1. USA IOM Personal Sail Numbers will take precedence if numbering conflicts arise until 30 days prior to the registration deadline.
- 9.2. Ultimate responsibility to resolve sail number conflicts resides with the Regatta Organizer.

10.SCHEDULE

Friday, November 18

Time	Activity
1200 – 1700	Check-in, Equipment Inspection, Certification check
1800	Social Event to be announced

Saturday, November 19

Time	Activity
0830 – 1030	Late Check-in, Equipment Inspection, Certification check
1030	Skipper’s Meeting
1100	First scheduled Warning
1630	No heat shall start after this time or at PRO discretion

Sunday, November 20

Time	Activity
0830 – 1030	Check-in, Equipment Inspection, Certification check
1030	Skipper's Meeting
1100	First scheduled Warning
1500	No race shall start after this time
+30 Mins	Awards Ceremony

11. SCORING

- 11.1. The Heat Management System (most current version) will be used.
- 11.2. A minimum of 9 completed races are required to constitute a regatta.

12. RACE STAFF

Regatta Chairman/Organizer: Derek Landeau
Principal Race Officer: Fred Rocha
Technical Officer: Steve Landeau
Measurement: TBD
Protest Chairman: TBD
Scoring: Libby Crawford

13. RISK STATEMENT

- 13.1. RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks.

14. PRIZES

- 14.1. Prizes will be given as follows: Top 5 finishers - Corinthians Trophy – Fair Player Trophy

15. LODGING

In the area, there are numerous choices for hotels located within 10-15 minutes driving distance from the venue. Look for the group of hotels located on Coliseum Drive in Hampton, Virginia.

Additionally, located just down the road from the venue, there is an RV/Camping ground. More info can be found on their website here: <http://thecoloniesrvtravelpark.com/>

Lastly, I know there are some great AirBnB's in the area, so don't forget to look into that option as well!

16. AIRPORTS

- 16.1. The most cost-effective airport to fly into is Norfolk International (ORF) and is a 25 minute drive to the venue. There is an alternative option with Newport News/Williamsburg International Airport (PHF).

17.MEDIA RIGHTS:

17.1. Competitors, owners of the boats and their guests relinquish all rights for using pictures and videos of persons and boats during the regatta in medias, including commercials, press materials and all other promoting activities and press releases, to the USA IOM National Class Association, unless a request of exemption is submitted to the race organizer by writing or electronic mail before submitting an entry.

18.RIGHTS to APPEAL:

18.1. Denial of the right of appeal, subject to RRS 70 and RRS 71

19.COMPETITORS WITH DISABILITY:

19.1. Competitors that require any form of help or special requirements should, prior to entry, get in touch with the club contact given in Section 17 to check if the club is able to help with the provision of any such special requirements. The onus is on the competitor to establish whether the available facilities are adequate before deciding to enter the event

20.DISCLAIMER OF LIABILITY:

RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks All those entering or taking part in this regatta do so at their own risk and responsibility, AMYA, USA IOM NCA, the hosting Model Yacht Club, Regatta Staff and any other parties involved in the organization of this event disclaim any and all responsibility whatsoever for loss, damage, injury or inconvenience that might occur to persons and goods, both ashore and on the water as a consequence of entering or participating in the event covered by this Notice of Race. At all times the responsibility for the safety of their boat and themselves including the decision to participate or continue shall rest with the competitors. By entering this event, it is deemed that you accept these conditions. Competitors are advised to ensure that they have adequate insurance that provides coverage for public liability and their possible injury in the Country and County of this event.

21.FURTHER INFORMATION

21.1. For further information please contact the race organizer, Derek Landeau @ dereklandeau@gmail.com



2022 Seven-Cities Regatta

Entry Form

Name: _____

AMYA #: _____

City: _____

State: _____

Phone #: _____

Email Address: _____

Emergency contact name: _____

Emergency phone #: _____

Sail #: _____

Hull Design: _____

Channel: Primary Secondary Alternate

By signing this entry form I agree to all the terms and conditions set forth in the Notice of Race above.

Signature: _____

PayPal your entry fee to: dlandeau@millcreekradiosailing.com

EMAIL this form to: dereklandeau@gmail.com **and** events@iomusa.org